

INDIVIDUALLY PACKAGED MEALS

*SEE SIDE SALADS/SOUPS BELOW
 *ADD DESSERT + \$5 (SEE DESSERT MENU FOR OPTIONS)

SANDWICHES & WRAPS

Deli Style w/ Ham, Turkey, Chicken, or Roast Beef **\$14.00**
 Cheese & Lettuce

Side Mayo
 Side Crudité & Ranch Dressing

Assorted Platters Available serving approx. 12

Artisan Style w/ Salami & Prosciutto on a Ciabatta Bun **\$16.00**
 Smoked Gouda & Roasted Red Pepper

Side Dijon Aioli
 Side Crudité & Ranch Dressing

Assorted Platters Available serving approx. 12

POWER BOWLS

Protein Bowl w/ Ground Beef or Turkey **\$18.00**
 Seasoned Quinoa

Roasted Corn & Sweet Potato
 Fresh Salsa & Chopped Herbs

Veggie Bowl w/ Chickpeas & Beans **\$15.00**
 Seasoned Quinoa

Roasted Peppers & Onions
 Fresh Salsa & Chopped Herbs

BUFFET / À LA CARTE

MAINS

MARKET PRICE

Lamb Speidini
 Chicken or Pork Souvlaki
 Chicken or Veal Parmesan

Roasted BBQ Meatloaf
 Balsamic Glazed Pork Chops
 Mushroom, Spinach, & Cream Cheese Porkloin Roll

Thai Lemongrass Beef

Creamy Mushroom Orzo Risotto

Scottish Beef Stew

Handmade Sausage (Italian or South African Style)

Beef Burger on Artisan Bun w/ "GIST" Aioli & Toppings

Turkey Burger on Artisan Bun w/ Cranberry Aioli, Brie, Apple, & Arugula

Hot Philly Cheesesteak Wraps

SIDES

MARKET PRICE

Lemon & Herb Roasted Potato Wedges

Thyme Roasted Mini Potatoes

Creamy Mashed Yukon Potatoes

Roasted Root Vegetables

Wok Style Vegetables (w/ Soy Sauce)

Butter Glazed Carrots

Sage Infused Couscous

Seasoned Basmati Rice

Kimchi Fried Rice

Roasted Bok Choy

Cavatappi Pasta w/ Cream, Rosé, or Tomato Sauce

ADD ONS

REGULAR SALADS **\$9.00**

(Add Side \$4.00)

Caesar w/ Roasted Croutons & Parmesan on Romaine

Spring Greens w/ Balsamic Vin., Cucumber, Tomato, & Carrot

Kale w/ Apple Cider Vin., Chopped Walnuts, Apple, & Dried Cranberries (Goat Cheese + \$3.00)

PREMIUM SALADS **\$12.00**

(Add Side \$6.00)

Beet Salad w/ Honey Mustard Vin., Arugula, Candied Walnuts, & Feta

Greek Salad w/ Cucumber, Tomato, Red Onions, Olives, & Feta on Romaine

Cobb Salad w/ Ranch or Blue Cheese Dressing on Iceburg

Bacon & Hard-Boiled Egg

Corn & Grape Tomatoes

Blue Cheese

CHILLI

\$16.00

Beef or Turkey

Side \$8

Shredded Cheese

Bun & Butter

SOUPS

\$10.00

w/ Bun & Butter

Side \$5

Creamy Butternut Squash | Minestrone | Sweet Carrot & Ginger
 Coconut Lemongrass | Roasted Tomato | Potato & Leek

Beverages, Chips, or Popcorn Available Upon Request

\$3.00

DESSERTS

	MARKET PRICE
Apple Crumble	
Peach Cobbler	
Cheese Cake	
Lemon or Coffee Cake	
Strawberry Shortcake	
Banana Chocolate Loaf	
Tiramisu	
Decadent Chocolate Pots	
Passion Fruit Custard Pots	
Pumpkin Pie Bars	
Cookies	

*Add to Individually Packaged meals + \$5

BREAKFAST

INDIVIDUALLY PACKAGED

BLT w/ on Bagel or Bread	\$7.25
Peameal Sandwich w/ Fried Egg, Lettuce & Tomato	\$10.50
Breakfast Wrap w/ Scrambled Egg, Breakfast Sausage, & Salsa	\$11.25
Classic Breakfast w/ Scrambled Eggs, Bacon, Hash Browns, & Fruit	\$15.50
Premium Breakfast w/ Fried or Poached Eggs, Bacon, Breakfast Sausage, Hash Browns, Beans, & Fruit	\$18.50

BUFFET

MARKET PRICE

Bacon	
Breakfast Sausage or Bangers	
Scrambled or Fried Eggs	
Eggs Benedict	
Hash Browns or Potato Wedges	
Fruit Salad	
Yogurt & Granola	
Crêpes & Berries	
Waffles or Pancakes	
Bagels w/ Cream Cheese	
Cinnamon Buns	
Croissants	
Muffins	
Coffee/Tea Station	\$3.00 pp

| *Weddings* | *Special Events* |

Contact for customized menus & unique experiences

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